

**Definition:**

It is the lifelong learning about physical, moral and emotional development. It is about understanding the importance of family life, stable and loving relationships, respect, love and care. It is also about teaching of sex and sexuality.

**Legal Requirements:**

That the Board of Governors keep an up to date RSE Policy that describes content and the organisation of RSE provided outside of the science national curriculum.

That parents /carers have the right to withdraw their children from RSE lessons.

**Other related policies and documents:**

- PSHE Policy
- Safeguarding /Child Protection Policy
- E-safety policy
- Anti-bullying policy

**The RSE programme aims:**

We aim to develop in our pupils an understanding of the physical, biological, emotional, social, spiritual, legal and moral aspects of sex and sexuality. We teach RSE within the wider context of building self-esteem, emotional well-being, relationships and healthy lives beginning in the early years through to year 6 (as is age/development appropriate). This prepares our pupils for the opportunities, responsibilities and experiences of adult life. Our programme of work can be found at appendix 1.

**Attitudes and Values**

- to learn the value of respect, love and care
- to learn to value and respect ourselves and others
- to develop an understanding and valuing of diversity
- to promote a positive attitude to healthy lifestyle and keeping safe
- to develop an understanding of the value of family life and an appreciation of the many different types of family.

**Personal and Social Skills**

- to learn how to identify and manage emotions confidently and sensitively
- to develop self-respect and empathy for others
- to develop communication skills with peers, school and family
- to learn how to assess risk and to develop strategies for keeping safe
- to develop the ability to give and secure help
- to develop an understanding of difference and an absence of prejudice.

### **Knowledge and Understanding**

- to recognise and name the main external parts of the body including agreed names for sexual parts
- to know the basic rules for keeping themselves safe and healthy
- to know about human life processes such as conception, birth and puberty
- to develop an understanding of the physical and emotional aspects of puberty
- to know who can provide help and support.

### **Parents / Carers**

We will keep parents/carers informed of the RSE programme through publishing the content of the programme and policy on the school website and by providing further information / resources on request.

We will hold an annual meeting for upper school pupils who are studying how babies are conceived. We will ensure that parents know that they have the right to withdraw their child from aspects of the programme that are not related to the statutory curriculum. If they wish to do this they will be invited to a meeting to discuss any concerns, however should they still wish to withdraw their child they will need to put this in writing. Parents and carers have an especially important role to play in RSE as they need to feel confident that the schools programme complements and supports their role. Parents will be encouraged to discuss any queries or concerns with their child's class teacher or key stage manager.

### **Issue specific to RSE**

**What kind of language will be considered acceptable and appropriate for use in RSE lessons?**

All staff will

- Use the correct terms for all body parts as this is deemed good practice.
- Openly teach pupils what 'slang' words mean (where appropriate), and that some are offensive.
- Avoid the use of any slang.

#### **Safeguarding:**

RSE may bring about disclosures of safeguarding children issues and all staff are conversant with the policies and procedures for reporting their concerns.

#### **Confidentiality:**

As a general rule a child's confidentiality is maintained by the teacher or member of staff concerned.

However, if this person believes that the child is at risk or in danger, they have a duty to talk to the designated child protection lead in school.

This policy will be reviewed regularly, any amendments being approved by the Board of Governors.

**Relationship and Sex Education**